

Eye Surgical Associates, PC

2664 Hartford Hwy, Dothan, AL 36305

J. Kenneth Wallace, M.D.

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Eye Surgical Associate

Surgery Center South

PATIENT NAME: _____

Please arrive on _____ at _____.

1. DO NOT EAT ANYTHING AFTER MIDNIGHT THE NIGHT PRIOR TO YOUR SURGERY. THIS INCLUDES CHEWING GUM, MINTS, CANDY AND TOBACCO

You may drink clear liquids only until _____ am the day of your surgery.

CLEAR LIQUIDS ARE WATER, KOOL-AID, GATORADE, GRAPE JUICE, APPLE JUICE, CRANBERRY JUICE, SODA, TEA, BLACK COFFEE WITHOUT CREAM.

DO NOT DRINK ORANGE JUICE, TOMATO JUICE, MILK, OTHER DAIRY OR NON-DAIRY PRODUCTS

2. MEDICATIONS, BLOOD THINNERS, ASPIRIN

Take all your medications at the usual time prior to surgery with a clear liquid. Continue blood thinners and Aspirin unless otherwise instructed.

PLEASE LET US KNOW PRIOR TO THE DAY OF SURGERY IF YOU TAKE COUMADIN BRING ALL MEDICATIONS OR A LIST OF MEDICATIONS WITH YOU

If you are **DIABETIC**, your blood sugar will be checked prior to surgery. **DO NOT TAKE** any morning insulin or diabetic medication.

If you feel your blood sugar is too low prior to coming for surgery, please check it if possible. If it is low or you feel it is low and cannot check it, drink some grape or apple juice to raise your sugar level.

3. Wear slacks and a short sleeve blouse or shirt that buttons down the front. Please do not wear make-up. Dentures may be left in.

4. Please leave all jewelry at home.

5. Please bring all insurance cards with you the day of surgery.

6. Please have someone accompany you to drive you home. They will need to stay at the Surgery Center the entire time you are there.

IF YOU HAVE ANY QUESTIONS PLEASE CALL 334.699.2244 OR 1.866.645.2244